

Community News

Vol. 5, No. 3

Serving the military and civilian community at the Presidio of Monterey and POM Annex

Feb. 13, 1998

What's new:

Third issue for 1998

Next issue: Feb. 27, 1998

(deadline to submit information for the Feb. 27, 1998 issue is Feb. 17)

Federal Holidays, Training Holidays for 1998

Feb 16: Presidents Day
May 22: Training Holiday
May 25: Memorial Day
July 4: Independence Day
July 6: Training Holiday
Sept. 4 Training Holiday
Sept. 7: Labor Day
Oct. 12: Columbus Day
Nov. 11: Veterans Day
Nov. 26: Thanksgiving Day
Nov. 27: Training Holiday

For all current and former cadre members of the 229th Military Intelligence Battalion



You are cordially invited to attend the 229th MI BN

DINING - IN

March 7, Saturday

Cocktail hour begins at 5 p.m. Call to Mess at 6 p.m.

The Weckerling Center, Building 326 Presidio of Monterey, Calif.

Price: \$20

Uniform: Mess Dress/Class "A"/Dress Blue RSVP by Feb. 20 to 229th MI BN S-1 at 242-5617

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Dec. 25: Christmas Day

The POM *Community News* newsletter supplements the *GLOBE* (DLI's linguist-focused magazine) providing current information on local news and events for joint service military and DoD civilian community members of the Defense Language Institute Foreign Language Center (DLIFLC), U.S. Army Garrison Presidio of Monterey and Presidio of Monterey Annex. We welcome you to send information and short articles that may be of interest to our local community (please include your name and phone number). If you're interested in the Classified Ads section (POMMART) see Pages 17-20. If your item(s) have sold, please let us know. Also, periodically added to this newsletter is a Telephone Directory. Notify the editor if there any changes or corrections to this directory.

Write, E-mail or fax information to:

Defense Language Institute Foreign Language Center Public Affairs Office (ATZP-PAO)

ATTN: Community News editor (SFC Hope J. Rickman) Building 614, Room 142 (Rasmussen Hall) Presidio of Monterey, CA 93944-5006

Telephone: (408) 242-5104 or FAX: (408) 242-5464

MS Mail: Rickman, SFC Hope - (Community News editor)

or E-Mail: Rickmanh@pom-emh1.army.mil

<u>Deadlines</u> for submitting information

Feb. 17 (for the Feb. 27, 1997 issue)

Mar. 3 (for the Mar. 13, 1997 issue)

Available on the World Wide Web:

The *Community News* and the *GLOBE* magazine can be accessed via computer/modem by selecting "Presidio of Monterey HomePage" http://pom-www.army.mil

Command's hotline - BOSSLINE :

Dial 242-POST (7678) / MS Mail: BOSSLINE / E-mail: Bossline@pom-emh1.army.mil

The command's hotline is for you to call in (24 hours daily) or MS Mail / E-Mail your thoughts, ideas, concerns, and complaints, to include helping the command spot security and safety problems on the POM or POM Annex.

The *Community News* newsletter is Army-funded, authorized under the provisions of U.S. Army Regulation 360-81, and produced bi-monthly by the Public Affairs Office, Defense Language Institute Foreign Language Center (DLIFLC), at the Presidio of Monterey (POM).

It's printed at the Defense Printing Plant, POM, using high speed duplication. Contents are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or DLIFLC.

The installation and garrison commanders, chief of public affairs and *Community News* editor reserve the right to edit materials as necessary to conform to editorial policies.

DLIFLC Installation Commander

COL Daniel D. Devlin
DLIFLC Installation CSM
CSM Debra E. Smith
Garrison Commander
COL David F. Gross
Garrison SGM
MSG David G. Bartlett
DLIFLC Executive Officer

LTC Jack J. Isler Chief, Public Affairs Mr. Michael J. Murphy

Editor / Design / Layout / Public Affairs NCOIC SFC Hope J. Rickman

Distribution this issue: 3,500 copies

Sering

Your Installation:

Chaplain Program

Post Chapel Center (POM Annex, 242-7620/7625)

PROTESTANT

Sunday Service 9 a.m.
Sunday Children's Church 9:20-10 a.m.
Tuesday, Protestant Women of the Chapel 9 a.m.

ROMAN CATHOLIC

Saturday Mass 5 p.m.
Sunday Mass 11 a.m.
Wednesday, Thursday, & Friday Mass Noon

CATHOLIC and PROTESTANT

Christian Education — Kids of the Kingdom

Wednesday, Grades 1-5 2:30-4:30 p.m. Wednesday, Grades Preschool - K 3-4:30 p.m. Sunday, Grades 6-12 6-7:30 p.m

Presidio of Monterey Chapel (242-5281)

PROTESTANT

Sunday Service 11 a.m.
Latter Day Saints (Mormons), Sunday 2:30 p.m.
Tuesday Bible Study, (Building 324) 11-11:50 a.m.
Noon-12:50 p.m.
Wednesday Bible Study Noon-12:50 p.m.

(POM Recreation Center, Building 843)

A free lunch is provided for Bible study days.

ROMAN CATHOLIC

Sunday Mass 9 a.m. & 5:30 p.m. Tuesday, Thursday & Holy Days 11:30 a.m.

(Munakata Hall Auditorium, Bldg 610, Rm 139)

JEWISH

Friday Service 8:15 p.m.

Chapel Activities (Building 324, Room 215)

MUSLIM

Friday Prayer Meeting Noon-1 p.m.

What's new:

You are needed to fill sand bags

Volunteers are needed (both civilian and military) to fill sand bags at three local area fire stations. The City of Monterey is seeking volunteers to assist with sand bag filling in preparation for the next storm system. Volunteers are especially needed for day shifts, Monday-Friday. Hours are flexible. Volunteers may also work evening shifts. Need volunteers Wednesday beginning at 10 a.m. If needed, this effort will continue through the week-end to February 16. Help is especially needed at Fire Station #3.

Interested volunteers should call 646-3765 (ask for Susan) for information on how to help out and get involved. (Military personnel, during duty days, can call Al Macks (242-5104) at the DLI/POM Public Affairs Office.)

Locations for volunteering are:

Fire Station #1 - Madison and Pacific Streets in Monterey. (You can check in at personnel if you want or go directly to the fire station and sign in from the registration kit at the station.)

Fire Station#2 - 582 Hawthorne in Monterey. The cross street is Hoofman Avenue, one block up the hill from Lighthouse Avenue. (Register at the station via the registration kit outside).

Fire Station #3 - DelaVina Avenue and Montecito Street, Monterey. (You can sign in at the station via the registration kit outside.) Directions: from Monterey, get on Highway 1 North. Take the Casa Verde exit. Turn right off exit. Go up to DelaVina (about 2 blocks). The fire station is on the right side of the road on the corner of DelaVina.

Thank you

I would like to thank all the wonderful people who participated in the voluntary Leave Transfer Program for my benefit. Your kindness is most appreciated. My thanks also to all those who expressed their concerns for my health and well-being. I consider myself extremely fortunate to count all of you as my friends and associates. Once again my heartfelt gratitude to each and every one of you.

-- Dr. Kawther Hakim

Soldiers get more money for DITY moves

Condensed article by Gerry J. Gilmore

WASHINGTON (**Army News Service**, **Dec. 9**, **1997**) - The Army would like more soldiers to move themselves during stateside to stateside permanent change of station moves and it is willing to pay them more to do so.

In January the Army started a pilot program that increases by 15 percent the do-it-yourself (DITY) moving allowance now available to soldiers. Changes made in the Joint Federal Travel Regulations authorize the Army to increase the DITY allowance from the current 80 percent of what it would cost the government to move household goods by contractor to 95 percent, according to Jeanette McCants, an Army spokesperson. McCants works for Brig. Gen. Boyd E. King, the Army's Director for Transportation, Energy and Troop Support.

Short of its one year test period, a recent change, made as a result of the Programmed Budget Decision 711 signed by the Deputy Secretary of Defense, canceled the test making the change permanent for all services.

During the testing phase in January, the following comments were made by U.S Army officials:

The word has already gotten out, said Lead Transportation Assistant Renee Mallett, who works at the Pentagon Movements Division. "We've already had people call us about the 95 percent DITY move," she said.

The DITY move increase is a win-win situation for the individual soldier and the Army, said Brig. Gen. Boyd E. King, the Army's Director for Transportation, Energy and Troop Support within the Office of the Deputy Chief of Staff for Logistics. "[The DITY move] is one of the options we offer our soldiers to move their household goods from one duty station to another," King said. "Soldiers go out and make the arrangements to rent a truck, load their furniture and move to a new duty station themselves without the Army going out and contracting with movers or packers.

"The advantage for soldiers is they [move] according to their schedules and pack items the way they want to. For the Army, liability is reduced; soldiers accept the responsibility for any damages [that may occur during DITY moves]."

DITY moves can also save government dollars by avoiding storage costs and additional charges required by many moving companies, King said.

Last year, soldiers made about 13,000 DITY moves in conjunction with permanent change of station orders, compared to around 200,000 government-contracted moves completed during the same period, King said, who added that DITY moves aren't for everyone. "If you have 10 crates or 18,000 pounds of household goods, then a DITY move probably isn't the way to go," he said. "But, for soldiers who are just starting out with their families, it makes an attractive package." Soldiers who choose to make DITY moves enjoy more control in the moving process," King said. "On the back end, the Army will save money on storage costs and [damage] claims.



This publication is also available on the World Wide Web:

The Community News and the GLOBE magazine can be accessed via computer/modem by selecting "Presidio of Monterey HomePage"

http://pom-www.army.mil

Specific information on legal and military personnel issues, and the history of the Presidio of Monterey can be accessed via the Presidio of Monterey HomePage noted above, or directly as follows:

Staff Judge Advocate / Legal Assistance: http://pom-www.army.mil/w3-atzp/ja/la

Adjutant General Office: http://pom-www.army.mil

History http://pom-www.army.mil/w3-pages/history.htm

Specific Defense Language Institute Foreign Language Center (DLIFLC) information is available at:

DLIFLC http://www.dli.army.mil/

DLIFLC general catalog http://www.dli/dci/catalog/index/htm

Other useful HomePages for defense and military information are:

http://www.dtic.dla.mil/defenselink/index.html **DefenseLink**

Army http://www.dtic.dla.mil/army/link/

Go to "Installations" for a specific Army location (such as Presidio of Monterey)

"Zero Tolerance" Key: Respect

Worldwide **Assistance** for military

1-800-267-9964

"Harassment and Sexual Abuse Assistance Line"

Local services **hotlines**

Community Human Services Crisis Line

373-4773, 24-hour, Monterey

Domestic Violence Crisis Line

372-6300, 24-hour, Monterey

Domestic Violence Prevention Hotline

1-800-540-5433, 24 -hour

Women's Crisis Center

757-1001, 24-hour, Salinas

Monterey County Men's Alternative to

Violence

373-4167, Monterey

Monterey Rape Crisis Center

375-4357, Monterey 633-5900, Prunedale

Monterey County Family and Children's Service

Child Protective Services

899-8015, Monterey 755-4660, Salinas

385-7400, King City Crisis Intervention & Referrals to

Prevention Programs

Family Resource Center 394-4622, Monterey

757-7915, Salinas

Call the **BOSSLINE**

24-hour hotline, confidential reporting to local command

Try first reporting abusive behavior incidents through your chain of command. If needed, call the DLIFLC/POM Command's 24hour Hotline, "BOSSLINE,"

Call 242-POST

On post assistance

POM POLICE

Building 4468, Gigling Road

Federal Police Desk

242-7851.242-7852 or 242-7853

(Note: all telephone lines listed above are monitored and taped.)

Police Emergency

911

FAMILY ADVOCACY

at Army Community Service

242-7653

Open

Monday through Friday

(Location: Community Center, Building 4260, corner of North-South and Gigling roads, POM Annex).

EVENTS



Day of Romance in Old Monterey Feb. 14

POM ANNEX - Experience four historical love stories in Monterey State Historic Park's most renowned homes - Stevenson, Larkin, Casa Soberanes and Cooper-Molera Adobe. For more information, call 649-7118.

Community Planting Day Feb. 14

POM ANNEX - Bring the family and help restore the native plant life of the former Fort Ord Saturday, Feb. 14. Join other local community members who are helping Fort Ord reach its goal of planting 50,000 native California plants and trees. The all-day planting will be held from 9 a.m. to noon and 1 to 4 p.m. on the old Fort Ord public lands.

Directions: take Highway 1 to the old Fort Ord main gate (now the POM Annex and California State University-Monterey Bay, CSUMB, exit). At the second traffic light, turn right on to North-South Road. Follow the signs to "planting site." For detailed directions, call 582-3689.

4th Annual Evening of Romance and Wine by the Heart Association Feb. 14

MONTEREY - A time for the heart -both romantically and for health's sake. Treat your Valentine to a romantic evening out and support the work of American Heart Association which will directly benefit AMA research and education programs in the local community.

The American Heart Association of Monterey County invites you to attend a romantic evening planned on the day of the Heart, Valentines Day, Feb. 14 starting at 7 p.m. Cost is \$75 per person.

Under the gaze of sea life at the Monterey Bay Aquarium, the event includes dinner, dancing, wine tasting, musical entertainment, and an auction (silent and live) with exciting travel packages, wines, and other gifts.

Specifically, this event is one of two major fund raising events for the year. With an expected gross of over \$60,000 by entertaining 300 guests, the Feb. 14 event monies will be used to fund the "Heart Power Program," which teaches elementary school age children about good nutrition, the importance of exercise and how to live tobacco free.

The goal is to provide every school in Monterey County with this program free of charge. Black Tie is encouraged.

For more information, call the American Heart Association at 757-6221.

Chocolate Extravaganza Feb. 14

MONTEREY - More chocolate than you can eat, this romantic evening includes dancing and great door prizes. For more information, call 372-5477.



Madness Feb. 18, 25

POM ANNEX - All-You-Can-Eat Buffet at the General Stilwell Community Center, on the POM Annex. Dinner is served from 5 to 8 p.m. The price is \$5.95 for adults and 35 cents for children three to 11 years. Children under three years are free.

Feb. 18, Oriental Night Feb. 25, Texas Night

The bar opens at 4:30 p.m. Call The Edge at 649-1822 or 242-7648 for more information and reservation.

Neighborhood Emergency Response Team Training Feb. 17 - Mar. 24

(Tuesdays)

POM - The next Neighborhood Emergency Response Team Training (N.E.R.T.) class begins Feb. 17 and will run through Mar. 24. This class is open to all and is free of charge. As a N.E.R.T. member, you will learn how to size up damaged buildings, search and rescue of trapped victims, triage of injured victims, firefighting techniques, and other aspects needed to be a viable asset to the command. Priority placement will of course be reserved for the Unit Fire Marshals. Class size is limited to 25 students. The instructors will teach you how to be a team leader in the event of a natural disaster. Classes will start on Tuesday, Feb. 17 at 6:30 p.m. and run on each consecutive Tuesday for six weeks until Mar. 24.

Call course organizer, Ted Pewthers, Defense Language Institute and Presidio of Monterey fire prevention officer, at 242-7005 for class reservations.

Kids On The Move Feb. 19, 26 Mar. 12,19, 26

NAVAL POSTGRADUATE SCHOOL-

This workshop is for children ages five to 12 who have relocated to or are relocating out of the Monterey area.

Meet at the Family Service Center, 1280 Leahy Road, La Mesa Village, Building 3. Call 656-3060 or 656-3175.

Couples Communication Workshop Begins Feb. 17

POM ANNEX - This four session workshop focuses in accepting difference, conflict resolution and communication techniques so that together you can fulfill your dreams. Classes will be held at the Chapel Center, POM Annex, at 6:30 p.m. on Tuesday evenings beginning Feb. 17. Child care is provided. Class size is limited. Call 242-7653 or 242-7660 to register.

I.D. Card Section Closed Feb. 17-19

POM - The I.D. Card Section, located on the Presidio of Monterey in Taylor Hall (Building 616), will be closed on Feb. 17-19 so the Department of the Army can update the Real-Time Automated Personnel Identification System (RAPIDS). The updated system will contain more personnel information on individuals and reduce the amount of time required to prepare I.D. cards. It is suggested you that call the I.D. Section during the period through Feb. 24 before going in to update I.D. cards to confirm whether the upgrade is on schedule and the system is working. Call Staff Sgt. Lewis (408) 242-5209.

Mongolian Barbecue Feb. 18 NAVALPOSTGRADUATE SCHOOL-

Come savor the flavors of this special combination of sauces, meats and vegetables Feb. 18. Served from 5 to 9 p.m. in the El Prado Dining Room, the dinner menu includes a non-alcoholic beverage and dessert. Reservations for dinner are required. Call 656-2170 and make

Winter Wine Tasting Feb. 20

your reservations today!

NAVAL POSTGRADUATE SCHOOL-

This event will present more than 30 wineries, one brewery and hors d'oeuvres at Herrmann Hall, Barbara McNitt Ballroom from 7 to 9 p.m. to midnight. Following the wine tasting there will be fun and dancing in the El Prado Room from 9 p.m. to midnight.

Cost is \$25 per person. Tickets (nonrefundable) are available near the SGC boxes in Herrmann Hall and may be purchased by cash or check only. No credit cards will be accepted. Presented by the OSSC and Club Del Monte.

POM Prayer Breakfast Feb. 20

POM - The POM Prayer Breakfast at 6:30 a.m. at The EDGE Club. Speaker: Chaplain (Lt. Col.) Larry J. Hebebrand, Installation Chaplain. Dress is duty uniform. POM Chaplains and Chaplain Assistants have tickets for the prayer breakfast for a donation of \$2. For those who would like to secure a ticket at the door, please RSVP to the POM Annex Chapel (Staff Sgt. Gundle), 242-7622. A van-shuttle will be available to transport soldiers to their classrooms at 7:30 a.m.

Fort Ord History and Lunch Feb. 22

FORT ORD - Join the Fort Ord Alumni Association at the General Stilwell Community Center (corner of North-South and Gigling roads) for this 1998 Historical Lecture Series "Fort Ord Echos Transitions and Impact 1940-1994." Lunch (\$4), noon -1 p.m.; History Lecture begins at 1p.m. until 2:30 p.m. Call 333-1984 for information.

Fort Ord Restoration Advisory Board Meeting Feb. 26

FORT ORD - The Fort Ord Restoration Advisory Board will hold a business meeting on Feb. 26 at 6:30 p.m. Topics will include: Committee Report; Report on National RAB caucus /DERTF; and a Technical Presentation which includes Magnetic Anomalies Work Plan and Status of Site Work. The meeting, open to the public, begins at 6:30 p.m. at the Stilwell Community Center (Gold Room), Building 4260, Gigling Road, POM Annex (former Fort Ord). Call Lyle Shurtleff at 393-9691.

Resume and Job Fair Preparation Feb. 23

MONTEREY/SALINAS - Prepare for the Community Job Fair to be held Mar.

3 by attending the following classes: <u>Salinas</u> - *Resume Workshop:* Feb. 23, Monday, 6-8 p.m., 646 East Alisal Street. <u>Monterey</u> - *Resume Workshop:* Feb. 24, 6-8 p.m., 550 Camino El Estero #100. <u>Salinas</u> - *Job Fair Preparation:* Feb. 25, Tuesday, 6-8 p.m., 646 East Alisal

Monterey - *Job Fair Preparation:* Feb. 26, Tuesday, 6-8 p.m., 550 Camino El Estero #100.

Street.

Cannery Row's 28th Annual John Steinbeck Birthday Festival Feb. 27-Mar.1

POM - Join local community members at the festivities featuring John Steinbeck's annual birthday bash and the annual Cannery Row Foundation Symposium Feb. 27 to Mar. 1. Weekend programming features tours, entertainment, refreshments, nostalgia and fun. For information, call 372-8512.

East of Eden Cat Show Feb. 28-Mar.1

MONTEREY - Show your cat at the East of Eden Cat Show. This judging event will be held from 10 a.m. to 5 p.m. at the Monterey County Fairground, Salinas Room, 2004 Fairground Road, Monterey. For more information, call 1-800-237-0551.

Auditions for local area theaters begin Feb. 28, Mar. 1, 7, 8

MONTEREY - Auditions begin soon (Feb. 28, Mar. 1,7 and 8 for the following area theater):

Pacific Repertory Theater (622-0700):

Cyrano De Bergerac (June)
The Wizard of Oz - musical (Aug.)
Anthony and Cleopatra (Sept.)
Much Ado about Nothing (Sept.)

Forest Theater (626-1681):

Oklahoma (June)

<u>Upcoming theater auditions begin soon</u> for the following theaters (audition date not confirmed):

Unicorn Theatre (649-0259):

Side by Side by Sondheim (June) Guy Things (July)

Monterey Peninsula College (646-4213):

Expiring Minds Want to Know (May)
Mr. Whatnot (June)
Gyppy (August)

Gypsy (August)

Laughter on the 23rd Floor (October) For more information regarding auditioning, call Staff Sgt. John Pullen at 333-3620 or 242-5229. Most theaters offer college credit for participation.

Army Emergency Relief MG James Ursano Scholarship Fund 1998-99

Mar. 2 (deadline)

POM ANNEX - Eligible for this scholarship fund are dependent children ages: 17-22 (active, retired, deceased). Application forms are available at Army Community Service and Chamberlin Library.

Transition Assistance Program Mar. 3

NAVAL POSTGRADUATE SCHOOL-

Service members and spouses within 18 months of separation or retirement are encouraged to attend the next Transition Assistance Program or TAP Seminar Mar. 3 (8 a.m. to 4 p.m.) at the Conference Room, Building 704, Fleet Numerical Meteorology and Oceanography Center. Bring your medical records with you. To make reservations, call the Family Service Center at 656-3060 or 656-3175.

Community Job Fair Mar. 3

MONTEREY - The Community Job Fair will be held Mar. 3 from 9 a.m. to noon at the Monterey Conference Center, Serra Ballroom, 1 Portola Plaza, Monterey. There is no charge.

Bargains Galore Mar. 7

NAVAL POSTGRADUATE SCHOOL-

The Bargain Fair, sponsored by the Officer Students' Spouses' Club (OSSC) of the Naval Postgraduate School, will be held on Saturday, Mar. 7 from 10 a.m to noon. Students, staff and faculty of DLI(military and civilian) are welcome to purchase a booth for selling their used goods. For information, call Cindy

Harvey at 648-9266. The Fair will be held at the La Mesa School in La Mesa village. Use the Sylvan Road entrance off Aguajito Road. With over 100 sellers, there will be a large selection of household goods, books, used clothing and toys. Admission is free and street parking is available. The rain date is Sunday, Mar. 8

Army Family Action Plan Symposium held locally Mar. 11, 12

(deadline to submit forms is Feb. 20)

<u>Attention</u> retirees, DoD civilians, active service members of all branches of service (single, dual military, sole parent), and family members:

POM - You want a better quality of life. You've got a lot to offer, great ideas, perhaps even solutions, but you haven't had a chance to talk to the top. The upcoming Army Family Action Plan Symposium, to be held Mar. 11 and 12 at the Weckerling Center (Building 326), Presidio of Monterey, can help you.

But first you'll need to put your thoughts in writing on the "Army Family Concerns and Issues Worksheet" and fill out the "Symposium Registration Form," which are available at Army Community Service (Building 4260), POM Annex (former Fort Ord). If you cannot attend the symposium but want to know the results of your comments, Army Community Service can send them to you if you include your name and address on the worksheet. Any issue you submit will be addressed. Find out more about being a part of the AFAP Symposium. Call ACS at 242-7660.

POM Annex Yard Sale (Change in location) Mar. 14

POM ANNEX - The next quarterly yard sale will be held on Saturday, Mar. 14 (10 a.m. to 1 p.m.). The yard sale location has been moved to a site near the Transportation Motor Pool off of 8th Avenue from its previous locations at the 2nd Avenue lot.

Directions: After entering the main gate, continue straight until the first major intersection. Turn right on North

South Road and continue to the next intersection (North-South and Gigling roads). Turn left/stay on Gigling Road until you reach 8th Street and turn left. Signs will be posted. The quarterly yard sale generally attracts about 150 to 200 vendors and several thousand patrons.

Vendor registration fee is \$5 for Active Duty and Active Duty Family Members who reside on POM Annex (former Fort Ord) or the Presidio of Monterey, and \$10 for retirees and DoD card holders. To register you need to attend one of the following registration dates:

Registration Dates:

Feb. 17 (6-8 p.m., Porter Youth Center) Feb. 24 (6-8 p.m., Porter Youth Center) Mar. 3 (6-7 p.m., Porter Youth Center) Mar. 10 (6-7 p.m., Porter Youth Center)

For more information about the yard sale, call the new point of contact Braunda Ensley at 394-5631.

Marine Art Exhibit in the spirit of Whale Fest Mar. 14

POM ANNEX - This exhibit will show through Mar. 17 at the Monterey Conference Center, Alvarado Gallery, One Portola Plaza, Monterey. Call 646-5640 for more information.

Newcomers Orientation Mar. 18

POM ANNEX - You are invited to a Newcomers Orientation on Wednesday, Mar. 18 from 10 a.m. to 3 p.m. at the General Stilwell Community Center. You'll find out about the activities and services at the Presidio, have lunch, and tour the Monterey Peninsula. The orientation is open to all newcomers arriving during the past several month and is sponsored by Army Community Service and the Presidio of Monterey Chaplains. To reserve a space on the bus, call ACS at 242-7660. Child care is provided. To arrange for child care, call 583-1058 by Mar. 10.

Old Monterey Sidewalk Fine Arts Festival Mar. 20-22

MONTEREY - Handcrafted ceramics, paintings and sculpture. Alvarado Street sidewalks, 10 a.m. to 5 p.m. Call 655-8070.

NEWS

Adopt a pet from the Post Veterinarian

Adoptable dogs and cats are available at the Veterinarian Clinic, Building 4380, Parker Flats Road, POM Annex. All the pets need a good home and loving care. Costs is \$27 for cats and \$29 for dogs. The fees include rabies and booster shots. For more information, visit the Veterinarian Clinic, or call 242-7718.

Pets available for adoption: (as of Feb. 12) •DOG: Siberian Husky, female, gray/white, silver eyes, 3-4 years old.

•DOG: German Shepherd/Black Lab mix, build of a lab w/markings of a shepherd (black/brown), female, 3-4 years, spade, current on vaccines (new shots due in September).

Community Library

Chamberlin Library

(Building 4275, 242-7680 POM Annex (former Fort Ord)

February is BLACK HISTORY MONTH

The spotlight this month is on the history, culture and contributions of African Americans, and Chamberlin Library showcases a wide variety of materials available for checkout. The professional staff and volunteers will be happy to help you find information at all age levels on this important segment of our multicultural community.

Chamberlin Library is open Sunday through Thursday from noon to 7 p.m., including Presidents" Day on Feb. 16.

One of the last former Fort Ord facilities continuing to serve

Army Family Team Building

Classes for 1998

February, March and April

Feb. 18-20 class:

Level 2 & 3

March 18-20 class:

Level 1 & 3

April 8-10 class:

Level 1 & 2

Be a AFTB volunteer

All classes start at 8:30 a.m., and are held at the Post Chapel on the POM Annex, located on North-South Road. Free child care! For information, and to register, call Gert Bledsoe, 393-1538 or ACS, 242-6890.

Classes are currently held Monday evenings from 7 to 9 p.m. at the Post Chapel, POMAnnex. The best part about this program is that everything is FREE!

For more information, call Army Community Service at 242-7660.

- Together Everyone Achieves More!

PETRA CAFE!

An Outreach of the Presidio of Monterey Chapel

Building 619 (Nakamura Hall) - across from Combs Hall Dining Facility QUESTIONS? Call the Chaplain's Office at 242-5281.

Since first opening in June 1997 the Petra Cafe events have been a huge success --Petra Cafe has become the place to be on Friday nights. Come on out, bring a friend(s) and enjoy yourself at the Petra Cafe! We meet on Friday nights in Nakamura Hall. We have OUTSTANDING entertainment lined up, that you will thoroughly enjoy. An evening at the Petra Cafe is absolutely FREE of charge for military and family members. That is right, you heard correctly - FREE! No charge for the food, beverages or entertainment! This is an outstanding way to spend your Friday Nights! The Petra Cafe is sponsored by your installation Chaplain.

FRIDAY, Feb. 20	"The Plain Janes" (alternative)	7:30-10:30 p.m.
FRIDAY, Feb. 27	"Video Night" (musical mix)	7:30-10:30 p.m.
FRIDAY,Mar.6	"Damask Rose" (rock)	7:30-10:30 p.m.
FRIDAY,Mar.20	"Video Night" (musical mix)	7:30-10:30 p.m.
FRIDAY, Mar. 27	"Mizpah" (alternative)	7:30-10:30 p.m.

Shuttle Services between former Fort Ord (POM Annex) and Presidio of Monterey (POM)

Morning Schedule

LV	4260 Community Club	6:30 a.m.
AR	Coe Ave/Mtry Rd.	6:35 a.m.
LV	Coe Ave/Mtry Rd.	6:45 a.m.
AR	Naval Postgrad. Sch.	6:46 a.m.
LV	Naval Postgrad. Sch.	7 a.m.
AR	842 Price Fit. Center	7:10 a.m.

Afternoon Schedule

LV	842/Price Fit. Center	5:10 p.m.
AR	617/Aiso Library	5:15 p.m.
LV	617/Aiso Library	5:16 p.m.
AR	Naval Postgrad. Sch.	5:29 p.m.
LV	Naval Postgrad. Sch.	5:30 p.m.
AR	Coe Ave/Mtry Rd.	5:42 p.m.
LV	Coe Ave/Mtry Rd.	5:43 p.m.
AR	4260 Community Club	5:48 p.m.

Optical Shops

offering free cleaning, adjustments and small repairs for eyeglasses

and Best Price Guarantee

POM Optical Shop (Presidio of Monterey, just inside the PX entrance) 372-2074 POM Annex Optical Shop (former Fort Ord near PX) 394-4134

W-2 Hot Line

The "W-2 Hot Line" will become operational effective Feb. 2. The phone number will be (317) 510-2800 or DSN 699-2800.

Duty days: The phone will be manned by several representatives each duty day from 7:30 a.m. until 4:30 p.m. Eastern Standard Time.

<u>**Daily:**</u> A menu driven answering service will be available to customers 24 hours a day, 7 days a week).

Attention all soldiers: For reissue or corrected W-2's, all requests must be submitted through the respective unit S-1 offices. The requests will then be sent to the DLI Army Finance office.

The DLI Army Finance office can directly assist active duty military personnel only, all others will be directed to the Hot Line numbers.

AUSA Sixth Region Conference, Monterey, Ca

The Monterey Bay General Joseph Stilwell Chapter of the Association of the United States Army is hosting the 1998 AUSA Sixth Region Annual Meeting. The three-day meeting will be held March 13-15, Friday through Sunday, at Monterey's Holiday Inn-soon to be a Hilton Hotel, located at 1000 Aguajito Road. Scheduled guests include: Gen. William W. Hartzog, Commanding General of the Training and Doctrine Command; former Army Chief of Staff and newly elected AUSA National President Gen. (R) Gordon R. Sullivan. Lt. Gen. (Ret.) Theodore G. Stroup, AUSA's Vice President, education, and managing director of the Institute of Land Warfare. The conference kicks-off with a 18-hole best ball golf tournament March 13 at the Rancho Canada Golf Course in Carmel Valley. The cost is \$90 for golf which includes: golf fees, half a golf cart, Rancho Canada windshirt, box lunch and dinner of either steak or halibut at the clubhouse. The tournament is open to everyone. For more information, call Staff Sgt. Linda Kessinger at 242-5315.

Also, on March 14, Saturday, there will be a special dedication ceremony at 3:30 p.m. officially renaming the Community Center to the General Joseph Stilwell Community Center.

This dedication will be attended by TRADOC Commander Gen. Hartzog, local commanders Col. Daniel Devlin, Commandant/Commander DLI/POM and Col. David Gross, POM Garrison commander, and many other *distinguished guests*.

Outdoor Rec/ITT

Building 228 (Lewis Hall), POM 242-6133 or 242-5506

Scuba Class (OWI Certification)next class begins: Mar. 7

Meets 1st Saturday and Sunday of every month for 3 weeks (\$230)

Power Boat Orientation

2nd and 4th Wednesday of each month (\$20) Surfing Class -- next class: Feb. 14

2nd Saturday of each month (\$40)

Whale Watching Tours

Adult \$12, Child \$8 Daily (every 2 hours) until March 1998

Tours

San Diego Excursion

Feb. 13-16 (\$199)

•NBA Basketball

Feb. 15 (\$29)

•Toy Story on Ice

Feb. 21 (\$30)

•NHL Hockey, Sharks vs. Avalanche

Mar. 21 (\$32)

Commemorating Dr. Martin Luther King Jr.

A Testimonial

(condensed from speech given during DLI's King Installation Day, Jan. 22)

by Private First Class Leola L. Oliver, U.S. Army, DLIFLC, Presidio of Monterey

"When Reverend Martin Luther King, Jr. was assassinated in Memphis, Tennessee on April 4, 1968. I was 6 years of age."

Even as a very young child, I realized that Dr. King must have been a very extraordinary individual. On that fatal day, I recall sitting by my mother's side on the sofa, watching television while my mother drank coffee, and I sipped a cup of tea, pretending to be an adult. The television show we had been watching was abruptly interrupted by a breaking news story. The journalist (probably a young Walter Cronkite) announced, sadly, that Dr. King had been fatally shot on the balcony of Memphis, Tennessee motel. My mother screamed in disbelief, and I have a very vivid memory of how she wept for what seemed to be hours. That momentous day became one of the darkest days of my childhood. My emulation of adulthood seemed figurative of the way in which the children were forced to cope with the difficulty in comprehending why America had lost such an inspirational leader.

I was unable to fathom why all of the adults I encountered were so deeply depressed. Not long after his death, I developed a clear understanding. I attended grade school in Compton, California and also lived through the riots of the neighboring city, known as the Watts Riots. The school district officials set a precedent by ensuring that the children at all levels were educated about the civil rights struggle through the viewing of documentaries and being exposed to writings which chronicled the movement, spearheaded by Dr. King. I am very grateful that I was afforded that opportunity because the civil rights movement led by Dr. King, serves as a reminder to me in my everyday life that it is very important not to look for racism, and discrimination, but rather, to peacefully stand against injustices waged against anyone, whether that person be an African American, or of any other ethnicity.

I learned that Dr. Martin Luther King, Jr. was a true leader. He was able to mobilize people from all walks of life to support a common cause in a peaceful manner. Everyday, the strength of his resolve was tested to new heights, but somehow, he always found the valiance to persist. Tonight's showing of both those who have come out in support of this event, as well as those who have participated, is a true reflection of the dream that Dr. Martin Luther King envisioned people of all races in working together in harmony.

Although racism will always be an indispensable characteristic of our society, we can be thankful to Dr. King and the thousands who risked their lives to guide America towards realizing a major part of Dr. King's dream. The elimination of legal discrimination opened the doors to achieving the foundation of equal opportunity for all. In Dr. King's most famous "I Have a Dream" speech, he spoke of children of all races being able to hold hands. Today, society is a reflection of that ideal. In sports, we play together; in the movies, we laugh together, and cry together; and in music, we sing and dance together. While there are still mountains left to climb, if we are willing to climb them together, we shall reach that mountain top, and someday, be able to proclaim, as did Dr. King at the end of his "I Have a Dream" speech... "Free at Last, Free at Last... Thank God Almighty, we're Free At Last!"

Enough

The Method of Peace for the American Community

(condensed from speech given Jan. 22 during DLI's King Installation Day)

By Specialist David Enders, U.S. Army

This world's idealists have always had the rougher road. Although history has birthed many, there have only been two kinds of idealists: those desolated by society's inconsonance, and those consecrated to society's improvement, around whom the desolate rally.

Martin Luther King Jr. was the latter, responsible for others. He fought violence with peace, prejudice with reason, and racism with brotherhood; he preached family, community, and love. Martin Luther King strove for the ideal. His innocent blood shed to leave a world not without heaven's values.

Most have at some time experienced the barbed edge sword of prejudice. So have I. In a community without minority groups, a minority was created. It was simply the minority including those who could not easily

defend themselves, the minority including those on whose backs others found recognition; it was only three or four families within a community of less than 20,000.

It was my family.

When my sister, a straight "A" student, was singled out by a teacher and told she was worthless in front of the entire class, when a first grade teacher found almost daily punishment appropriate for a boy whose crime was not smiling enough, when the assistant principle said my problems were because my mother was unfit, it was enough. There was a real minority of people who seemed to need to place themselves above others in order to feel worthwhile, who suffered from the "but I'm still better than them syndrome." They were those who oppressed. Fifteen years later, when I faced the guilty and saw apology in their eyes, it was enough. And when I saw contempt in their eyes, I pitied them. This was what Christ taught. This was what Dr. Martin Luther King taught.

It was a difficult concept for most to grasp: "Do not fight your persecutors but be sure that they see your suffering and they will eventually be forced to see their own injustice. They will change, but they will change themselves." Taking this philosophy a step farther, he also made sure that others

They led
We followed
Some hated
They counseled
We listened
Some argued
They sacrificed
We received
Some forgot
They died
We live
They talk
Of what do they talk

saw the suffering. The best way to beat the bully was to allow him look small to his peers. If you fought back, the bully won. But following through on this philosophy required the patience of a saint, and the dedication of a martyr. You had to be willing to die rather than harm someone else. He was. He not only lead his disciples, but also taught them according to his ideal of nonviolent resistance. He convinced literally hundreds of thousands of followers to turn the other cheek. How difficult must it have been to convince an oppressed community not to strike back? How easy did he make it appear? He led by example, method building his nonviolence on faith, preaching that we should love our neighbors and enemies because God loves them; it had nothing to do with them being worthy of our love. He taught the difference between different kinds of love, the difference between like and love, and the fact that we were never commanded to like our enemies. As a nation we achieved peace through maintaining a greater capacity for violence than our

enemy, and it worked. But he truly faced evil with good and won. He identified the manner in which he could be superior to the enemy and then, forced the enemy to fight on those terms.

By acting out of love and declaring that if he and his followers were wrong, in the end they would be the only ones to suffer, he achieved moral superiority to his adversaries; he weakened their resolve and finally won.

This was the example I wanted to follow. This is the example I want my children to follow. Today's American nation embraces its minorities. And that's good. History books are being re-written to include everyone. English curricula around the country is diversifying. And science books are giving credit where it's due. But it's not enough.

Dr. Martin Luther King's "beloved community" is a dream. One in which everyone is equally judged according to who they are, not what they are or where they come from. Yesterday remains asleep, dreaming of that day in which we will no longer be the American Jewish community, the American Christian community, the American Muslim community, the African-American community, the Chinese-American community, the Native-American community, or the European-American community, but simply the American community.

Barker Theater

Presidio of Monterey Annex



393-2095

Movies scheduled subject to change. Located next to the PX on POM Annex (former Fort Ord).

Military I.D. not required Adults (12 & up) \$3.50 Children (5-11) \$2 (All children will be charged

\$3.50 for G-rated and Matinee movies.)

Fri Feb. 13 7 p.m. American Werewolf (R)

Sat Feb. 14 1 p.m. For Richer or Poorer (PG-13)
6:30 p.m. The Postman (R)
9 p.m. American Werewolf (R)

Sun Feb. 15 7 p.m. For Richer or Poorer (PG-13)

Fri Feb. 20 7 p.m. Sat Feb. 21 1 p.m. 6:30 p.m.

6:30 p.m 9 p.m.

Sun Feb. 22 7 p.m.

Fri Feb. 27 7 p.m.
Sat Feb. 28 1 p.m.
6:30 p.m.

9 p.m. Sun Feb. 29 7 p.m.

The Postman (R)

(Movies not available when this publication went to press)

p.m.

Fri	Feb. 13	8 p.m.	Home Alone 3 (PG)
Sat	Feb. 14	8 p.m.	Flubber (PG)
Thur	s Feb. 19	8 p.m.	Garden of Evil (R)
Fri	Feb. 20	8 p.m.	Mouse Hunt (PG)
Sat	Feb. 21	8 p.m.	Scream 2 (R)
Thur	s Feb. 26	8 p.m.	Scream 2 (R)
Fri	Feb. 27	8 p.m.	American Werewolf (R)
Sat	Feb. 28	8 p.m.	For Richer or Poorer (PG-13)
Thur	s Mar. 5	8 p.m.	The Postman (R)
Fri	Mar. 6	8 p.m.	American Werewolf (R)
Sat	Mar. 7	8 p.m.	For Richer or Poorer (PG-13)

POM Theater

Presidio of Monterey

372-1249

Movies scheduled subject to change. (Located near Soldier Field / High Street Gate)

Military I.D. not required Adults (12 & up) \$3.50 Children (5-11) \$2 (All children will be charged

\$3.50 for G-rated and Matinee movies.)



American Werewolf - (An American Werewolf in Paris) Tom Everett Scott, Julie Delpy. An American college student risks his life to save a beautiful French Woman.

Flubber - Robin Williams, Marcia Gay Harden. Robin Williams plays the absent minded professor who accidentally discovers the magical mischievous stuff. The gravity defying substance causes chaos in every application and energizes the lives of those it encounters (including the Professor's flying robot assistant name Weebo).

For Richer or Poorer - Tim Allen, Kirstie Alley. Both spark this romantic comedy as a married couple who must flee the good life when their accountant takes off with all their wealth. They wind up in an Amish community.

Garden of Evil - (Midnight in the Garden of Evil) Kevin Spacey, John Cusak. Based on John Berendt's best selling book the story is seen through the eyes of a lawyer who moves to the town of Savannah, Georgia, and becomes involved in the events that follow a shocking murder.

Home Alone 3 - Alex D. Linz, Olek Knupa. He's got surveillance. He's got strategy. He's got guts. He's got chicken pox. And he's home alone...there's a new kid in town - eight-year-old Alex Pruitt - and when a pesky team of international criminals invade his neighborhood he's the last and only line of defense.

Mouse Hunt - Nathan Lane, Christopher Walken. Two down and out brothers are delighted to learn that the mansion they just inherited is worth millions. One problem though - they must rid the premises of a pesky mouse before they can cash in. The mouse is just as determined the he will be the one to stay.

Scream 2 - Neve Campbell, Courtney Cox. It's two years later on a college campus where murder and mayhem break loose. Old friends are reunited and discover that some secrets from the past are better left forgotten.

The Postman - Kevin Costner, Will Patton. A futuristic post apocalyptic action thriller out in the New West where isolated towns are kept in the iron grip of a ruthless dictator. When the postman wanders into the town looking for a handout this words become an inspiration for the surpressed citizens to declare war on their rulers.

Upcoming Test Dates

Feb. 23 SAT (8 a.m.)
Apr. 13 ACT (8 a.m.)
Feb. 9 PRAXIS Core and
Specialty

All of the listed tests are administered free to first time military examines. Early registration is advised.

Student Loan Interest Deduction commenced Jan. 1

Taxpayers who have taken loans to pay the cost of attending an eligible institution may deduct the interest part of these student loans. The maximum deduction each taxpayer is permitted to take increases from \$1000 in 1998 to \$2500 by 2001. The deduction is only available for interest payments made during the first 60 months in which interest payments are required on the loan.

Continuing education -- key to your career and future

Visit the POM Education Center, located in Building 273, Presidio of Monterey 242-5325 or 242-5866

Graduate Engineering Degree on-line

The nation's first graduate engineering degree on-line will be offered by the University of Missouri-Columbia College of Engineering. Graduate environmental engineering courses are now available on the Internet.

There are lab requirements for a number of courses, but they may be completed locally. The degree program will require two, one-week summer residencies at either the Columbia or the Kansas City, Missouri, campus. More information may be found at http://www.missouri.edu/~ceewww or you may call (573) 882-3469.

Internet Job Referral System and opportunities for vocational teachers

Troops to Teachers (TTT) has introduced a system which allows school district administrators to access information regarding TTT participants as potential hires and to post job vacancies directly to the Internet. School districts contacting TTT are searching more and more for service members with vocational and technical skills such as electronics, computer science and aviation operations among others.

Many states do <u>not</u> require individuals with vocational/technical backgrounds to have a baccalaureate degree to qualify for vocational certification. For more information about this powerful tool to search for teaching positions throughout the U.S., tap into the Internet at http://voled.doded.mil/dantes/ttt

DANTES: Web site of the month

To complete a bachelor's degree on-line, consider the University of Maryland University College on the WEB at http://www.umuc.edu/prog/ugp/ugp/ugpdist/bdaad/

The university has been providing educational opportunities to Service members for 50 years, and this Bachelor's degree at-a-distance program continues that tradition.

"Worth Repeating"

Source:

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Armed Forces Information Service "A word to the wise ain't necessary -- it's the stupid ones who need advice."

—Bilil Cosby (1937 -) American actor

"You can't look forward and backward at the same time."

—Coleman Young (1918-1997) Detroit mayor

"Nothing ever comes to one that is worth having, except as a result of hard work."

—Booker T. Washington (1856-1915 American educator

"Success is the result of perfection, hard work, learning from failure, loyalty to those for whom you work, and persistance."

—Colin Powell (1937 -) U.S. Army general

"Everything we see is a shadow cast by that which we do not see."

—The Rev. Martin Luther King Jr. (1929-1968) American civil rights leader

"There are some people that if they kon't know, you can't tell them."

—Louis Armstrong (1901-1971) American jazz musician

Monterey County Chapter American Red Cross

Building 234, POM 242-6800

Keeping Monterey County safe for 100 years (1898-1998)

POM - The following American Red Cross Monterey County chapter classes are held in Building 234, POM (intersection Patton Avenue and Infantry Street). Classes fill up fast. Reserve your space NOW to learn these valuable lifesaving skills, because ...Help can't wait.

Health and Safety Classes

Community First Aid and Safety Classes do cost (pre-pay), however there are discounts for active duty and their spouses -- bring your military I.D.)

(NOTE: CPR must be taken prior to taking First Aid Classes.)

Baby Sitting Class

•**Feb. 28** (9 a.m.-5 p.m., Sat., \$20)

Standard First Aid & Adult CPR

(Meets two evenings or one Saturday) (\$25 military / \$30 civilians)

- •Feb. 21 (9 a.m.-5 p.m., Sat.)
- •Mar. 14 (9 a.m.-5 p.m., Sat.)
- •**Apr. 15** (6-10 p.m., Wed.)
 - •**Apr. 16** (6-8:30 p.m., Thur.)
- •May 2 (9 a.m.-5 p.m., Sat.)
- •May 6 (6-10 p.m., Wed.)
 - •May 7 (6-8:30 p.m., Thur.)
- •**Jun 13** (9 a.m.-5 p.m., Sat.)

Community First Aid and Infant, child, & adult CPR

(\$30 military / \$ 40 civilians)

- •Mar. 19 (6-10 p.m., Thurs.)
 - •Mar. 21 (9 a.m.-7 p.m., Sat.)
- •**Apr. 2**(6-10 p.m., Thurs.)
 - •**Apr. 4** (9 a.m.-7 p.m., Sat.)

POM Dental Clinic

(Building 422, Kit Carson Road)
Hours of operation

Mon., Wed., Fri. (7 a.m. -4 p.m.) **Tues., Thurs.** (7 a.m. - 7 p.m.)

Sick-Call

Mon.-Fri. (7 - 9 a.m. - walk in only)

Emergencies After-hours

Call 242-5612 or 242-5613

(Listen to the recorded message and follow instructions to receive dental treatment)

Class 4 (annual) Exams

Just walk in (No appointment).

In / Out Processing

Mon., Wed., Fri. (7 a.m. -3:30 p.m.) **Tues., Thurs.** (7 a.m. -7 p.m.)

Appointments

Call 242-5612 or 242-5613 or walk in to make appoints.

Comments

Please address your comments to: SFC Gonzales, First Sergeant, Dental Clinic at **242-5678** (fax 372-5323).



Disaster Services Classes

All classes are held at Building 234, POM (no charge for military or civilians)

Introduction to Disaster Services

- •Mar. 4 (6-9 p.m., Wed.)
- •**Apr. 8** (6-9 p.m., Wed.)
- •**May 4** (6-9 p.m., Wed.)

Emergency Assistance I

 $(Prerequisite: Intro\ to\ Disaster\ Services)$

•May 20 (6.-10 p.m., Wed.)

•May 21 (6-10 p.m., Thurs.)

Emergency Assistance II

(Prerequisite: Emergency Assistance I)

•May 28 (9 a.m.-5 p.m., Sat.)

<u>Shelter Operations Workshop</u> (Prerequisite: Intro to Disaster Services)

- •Apr. 21 (6-9 p.m., Tues.)
- •Jun. 24 (6-9 p.m., Wed.)

POM Army Health Clinic (POMAHC)

(Building 422, Kit Carson Road)
For routine or follow up
appointments, call
242-5741 / 5742 / 5743

Hours of operation

Monday to Friday (7 a.m.-6 p.m.)

(closed on Federal Holidays)

7-11 a.m. -- Active Duty Sick Call by Appointment Only (Service members must call the Health Clinic for an appointment slot at 242-5234 or 242-5663 between the hours of 6:30-7 a.m. only)

1-4 p.m. -- Active Duty routine appointments. (For same day appointments, call between 6:30-7 a.m. at 242-5663 or 242-5234)

4-6 p.m. -- Open for acute injuries or illness (walk-in) Active Duty only.

Saturday Morning

8-10 a.m. -- Sick Call only

After hours On-Call Doctor

242-5234 or 242-5663

General Information

242-5234 or 242-5663

(Please do not use the above telephone line to call for chronic, follow-up, or routine appointments.)

Community Health Nurse

Call 242-7572

Health Benefits Advisor

Physical Appointments 242-5672

Navy Medical Admin Info

242-5614 or 242-5615

No appointments needed for immunizations

Yellow Fever shots are only offered on early Wednesday mornings (7 to 8 a.m.). Immunizations for family members under 6 years old must have a doctor order to receive the immunizations. Remember, after receiving shots, wait at least 20 minutes before departing the clinic.

Comments

Please address your comments to: SSG Rodriguez, Jose A., NCOIC, 242-5609, 242-5234 or 242-5663 E-MAIL: jose1962@mbay.net (Editor's Note: This is the second in a series of health topics which will continue to appear in the Community News during the next few months. This article is provided by the Presidio of Monterey Health Clinic)

Medical Tip:

Sinus Infection & Strep Throat

Acute and Chronic Sinusitis: What Is Sinusitis?

Sinusitis, the inflammation of the mucous membranes in the sinuses, is a very common disorder. In general, it is caused by infection, allergies, and irritation from toxic substances in the air. There are two types, and you should know the difference so that you can seek appropriate medical treatment.

What Are the Two Types?

The first is acute sinusitis. The second type, chronic, or recurring, sinusitis is more complex-and more common.

Do the Treatments Differ?

Acute sinusitis usually responds well to antibiotics, decongestants, and antihistamines. If there is pus within a sinus cavity, it must be drained. For chronic sinusitis, medication may be temporarily effective. If symptoms recur or persist, then a more detailed assessment is required to determine whether surgery is needed.

Which Type Do You Have?

To find out whether you have acute or chronic sinusitis, simply check the symptoms below that apply:

- + Pain in only one area
- + The sudden start of pain
- + Discolored drainage on one side of the nose
- + Congestion (stuffiness) on one side of the nose
 - + Congestion on both sides of the nose
- + Frequent and sometimes severe headaches
- + Pressure in the head that may be intense If you have the first four symptoms only, you probably have acute sinusitis. If your symptoms are those in the second half of the list, you probably have chronic sinusitis.

How Can You Be Sure?

If you think you have acute sinusitis, you should see your family doctor. He or she will probably diagnose your condition according to the "rule of one":

- * One area of pain
- * Drainage on one side of the nose

* Stuffiness on one side of the nose If you think you have chronic sinusitis, you should see a specialist, who will probably diagnose the problem with the help of a CT scan of the sinus cavity.

How Does Chronic Sinusitis Develop?

Chronic sinusitis usually develops when inflamed mucosal lining and anatomical obstruction make it impossible for the sinuses to drain properly.

The body constantly produces mucus as a lubricant.

In the sinus cavities, this lubricant is moved across tissue linings toward the opening of each sinus by millions of hairlike cilia. If one of these openings is already narrow, inflammation can cause it to swell completely shut and block the movement of mucus. Surgery may be needed to correct the problem.

What Will Surgery Do?

Surgery to correct chronic sinusitis performs two functions. First, it enlarges the natural opening.

Since the cilia move mucus in only one direction-toward the natural opening in each sinus-creating a second opening that is not at the natural site would not help because the cilia would simply ignore it.

Second, it leaves many cilia in place. Procedures that reduce the number of active cilia, whether by creating holes or scar tissue, block the movement of mucus and are less effective.

Endoscopic sinus surgery is the most effective procedure because it restores the flow of mucus by removing areas of obstruction. This permanently restores the normal flow of mucus and air through the natural sinus openings.

What Can You Expect From Surgery?

A simple procedure is usually performed under local or general anesthesia, with patients returning to normal activities within a day or two, and complete recovery taking about four weeks. Procedures for more complex cases, however, can last four or five hours under general anesthesia, with the recovery process taking longer. The

physician will follow up as needed according to the type and complexity of surgery.

Strep Throat Fact Sheet

Strep throat is caused by a bacterium called:

Group A Streptococcus

+ Strep throat can occur at any age, but is most frequent among school-aged children.

Symptoms start 1 to 3 days after exposure and may include:

- + Fever
- + Sore throat
- + Tender and swollen neck glands
 me people can catch the strep bacteria

Some people can catch the strep bacterium but never feel sick at all.

Strep throat is usually spread person to person by direct contact

- + The strep bacterium is found in the nose and/or throat of infected persons and is spread to the next person through the air with sneezing or coughing. Rarely, people catch strep throat by eating contaminated food or milk.
- + People with strep throat can spread the disease to others until 24 hours after treatment or for 10 to 21 days if untreated.

Strep throat is diagnosed by a throat culture

+ Throat cultures usually take 24-48 hours. There are now rapid tests which can be used to diagnose strep throat more quickly.

Treatment is important

+ Persons with strep throat can be treated with antibiotics. Treatment is important to prevent serious complications such as rheumatic fever and kidney disease.

Strep throat can be prevented:

- + Cover the mouth when coughing or sneezing
- + Wash hands after wiping or blowing nose, coughing and sneezing
 - + Wash hands before preparing food
- + See your doctor if you or your child have symptoms of strep throat

Infected children should be excluded from child care/school and infected foodhandlers should be excluded from work until 24 hours after starting treatment.

"Thanks and keep-up the reading,"

Staff Sgt. Rodriguez, NCOIC, POM U.S. Army Health Clinic

Preparing for a Flood

Provided by the Red Cross:

Are you ready for a flood or a flash flood?

Here's what you can do to prepare for such emergencies

Know what to expect

- -Know your area's flood risk if unsure call your local Red Cross chapter.
- -If it has been raining hard for several hours, or steadily raining for several days, be alert to the possibility of a flood.
- -Listen to local radio or TV stations for flood information.
- -Floods can take several hours to days to develop-
 - -A **flood watch** means flooding is possible in your area.
 - -A **flood warning** means flooding is already occurring or will occur soon in your area.
- -Flash floods can take only a few minutes to a few hours to develop-
 - -A **flash flood watch** means flash flooding is possible in your area.
 - -A **flash flood warning** means flash flooding is occurring or will occur <u>very</u> soon in your area.

Prepare a Family Disaster Plan

- -Check your homeowner's or renter's insurance to see if it covers flooding. If not, find out how to get flood insurance.
- -Keep insurance policies, documents, and other valuables in a safe-deposit box.
- -Assemble a Disaster Supplies Kit containing-
 - -First Aid kit
 - -Canned food and a can opener
 - -Bottled water
 - -Rubber boots and rubber gloves
 - -Battery-powered radio, flashlight, and extra batteries
- -Identify where you could go if told to evacuate. Choose several places... a friend's home in another tow, a motel, or a shelter.

When a Flood Watch is issued...

- -Move your furniture and valuables to higher floors of your home.
- -Fill your car's gas tank, in case an evacuation notice is issued.

When a Flood Warning is issued...

-Listen to local radio and TV stations for information and advice. If told to evacuate, do so as soon as possible.

When a Flash Flood Watch is issued...

-Be alert to signs of flash flooding and be ready to evacuate on a moment's notice.

When a Flash Flood Warning is issued...

- -Or if you think it has already started, evacuate immediately. you may have only seconds to escape. Act quickly!
- -Move to higher ground away form rivers, streams, creeks, and storm drains. Do not drive around barricades... they are there for your safety.
- -If your car stalls in rapidly rising waters, abandon it immediately and climb to higher ground.

FEDERAL INCOME TAX TIPS (To be continued)

9. TAX TIP: If my move to a new assignment began in 1997 and ended in 1998, when do I file my moving expenses?

You have two choices file them all on your 1997 tax return, or file your 1997 expenses on your 1997 return and your 1998 ex-



penses on your 1998 return. The Omnibus Reconciliation Act of 1993 changed the nature of moving expenses for moves after 1 January 1994. Moving expenses are now an adjustment to gross income and no longer include certain indirect moving expenses. See the Moving Expense Deduction flyer for more information.

10. TAX TIP: What form do I use to file for my moving expenses? Form 3903 if your move was to or within the U.S., and Form 3903F if your move was outside the U.S. or its possessions.

11. TAX TIP: How long do I have to reinvest my gain from the sale of my old personal residence into a new personal residence? For sales prior to 1998, civilians have two years (four years if overseas), and military members have four years (stateside or overseas). This replacement period is suspended while military members are stationed outside the United States. NOTE, however, that the replacement period, plus any period of suspension, cannot last more than eight years after the sale of the home.

12. TAX TIP: How much of a charitable contribution can I deduct without itemizing? None, you can only take charitable contribution deductions by itemizing on the Schedule A, Form 1040.

13. TAX TIP: How can I claim the out-of-pocket expenses I incur in traveling from place to place during my work day? You use the Form 2106, Employee Business Expenses, and Schedule A, Itemized Deductions, and list your actual travel expenses or apply a flat 31 cents per mile if you use your POV.

14. TAX TIP: How do I report the Employee Business Expense deduction for 1997 tax returns? You must itemize (i.e., use the Form 2106 and the Schedule A) to claim these expenses.

<u>15. TAX TIP:</u> Where do I mail my tax return if I am an overseas taxpayer? You should send your return to Internal Revenue Service Center, Philadelphia, Pennsylvania 19255.

Autos

- •1992 Toyota Previa LE, 101K, well maintained, moving overseas-must sell by April, \$11,000 /obo. Call 583-0619. (02-13)
- •1992 VW Golf GL, 4-door, manual, air, sun roof, red, 95k, service history, good condition, 30+ mpg, asking \$4,900. Call 643-2650 evenings. (01-30x6)
 •1991 Plymouth Grand Voyager LE: Fully loaded, rear air, luggage rack, all power, tilt, cruise, tag good thru June 1998, 110k miles (mostly highway), excellent condition, retails at \$9,400, must sell so a bargain at only \$7,200. Call 899-9301. (01-30)
- •1990 Geo Storm, dark blue, 2 door hatchback, 118K miles, 5 speed, driver side airbag. New battery, spark plugs and wires, 28-35 mpg, \$2,900 / obo. Call 657-5594 leave message. (12-12)
- •1989 Lincoln Town Car, loaded, leather seats, excellent condition, 74,000 miles, \$7,100 /obo. Call 649-6866 after 5 p.m. (02-13)
- •1989 Mustang LX Convertible, white, with new blacktop, automatic, AC, PS, PB, PW, electric locks, great condition & must sell, \$6,000 obo. Call 373-6377. (01-16)
- •1974 Fastback Mustang, great condition, w/ alarm, \$6,000. Call 655-5108. (02-13)

Travel from DLI To EAST COAST for FREE! MAY 21-31 ONLY. Call 583-0409 or E-mail: doublebogee@webtv.net for

details

(POM-MART continued on Page 18)



Monterey County Symphony performs Mozart's Requiem

Performing at the Sunset Center in Carmel on Sunday, Feb. 15, at 3 p.m. (\$18/\$30/\$35), Monday, Feb. 16, at 8 p.m., at the Sunset Center in Carmel (\$24/\$30/\$35), and Tuesday, Feb. 17, at 8 p.m., at Sherwood Hall in Salinas (\$15/\$20\$/35). Make reservations at 624-8511 with Visa/MC at least one hour prior to the performance.

Trucks / Vans / Sport

- •1995 Ford F150 Truck, gray, loaded, low mileage, hitch with trailer lights, \$13,500 /obo. Call Saber, 242-6908 days or 648-1825. (01-30)
- •1994 Isuzu Rodeo, 5 spd, black, 4wd, loaded, low mileage, asking \$16,065. Call 393-0561 eve & weekends or e-mail: rwcook@redshift.com
- •1994 Dodge Caravan, like new, gray, auto, AC, PB, \$9,500 /obo. Call Saber, 242-6908 or 648-1825. (01-30) •1992 Toyota 2WD Truck, black, 5-speed, 22RE, 60K miles, Recently had 60K major service, tinted rear sliding window, bedliner, cargo-net, am/fm cassette, bugdeflector, hydraulic-hinged tonneau cover, plus much more \$7,500 /obo. Call 394-7063. (02-13)
- •1991 Chevy Suburban, 2WD, fully loaded w/conv package, 94K, Immac, \$15,000. Call 384-7456. (12-12)
- •1989 Nissan Pathfinder, auto, A/C, 4WD, all power, sun roof, ski rack, *NEW* tires, NEW Timing Belt, \$6,500 / obo. Call evenings, 392-1527. (01-30x6)
- •1988 Mazda Pickup Truck, 150K, great commuter, dependable, moving overseas-must sell by April. \$1,000 / obo. Call 583-0619. (02-13)
- •1972 Toyota Land Cruiser, 327 small block engine, Toyota Supra bucket seats, new blue paint, asking \$2,000. Call 884-0529, leave message. (02-13)

Auto Parts / Accessories

- •Best Top Nite Cap for Jeep Wrangler (yj); black denim covers front and side windows, still in box, (retail \$89) asking \$50. Call 393-2913. (01-30)
- •Rims/Tires: Four (4) silver, standard 14" Nissan, 6-lug rims, chrome lug-nuts and beauty rings included, \$50. Call 444-0119 after 6 p.m. (01-30)
- •Rims/Tires: Four (4) Standard SAAB 900 15" rims and covers w/Pirelli P4000 tires, \$100 for all. Call 393-1202. (01-16)
- •4'x6' Flatbed Trailer with Tailgate/Ramp, constructed from steel with a wooden bed. Comes with ball hitch and wiring harness. Great for any job transporting cargo. Title is included, asking \$400 /obo. Call 392-1852. (01-16)
- •4'x6' Truckbed Cap, new lock, foam insulation & C-clamps included. Has opening windows on both sides and sliding rear window, asking \$200 /obo. Call 392-1852. (01-16)
- •Three Tires and Rims for sale P275/60 R15, like new (must see) \$800 worth of rims and Tires *for only* \$150 /obo. Call 394-2325 (after 6:30 p.m.).

Motorcycles & Parts

- •1993 Kaw. Vulcan 1500 Motorcycle, *NEW* tires/ batteries, saddle bags/cover, asking \$4,800. Call 643-0121. *(01-30)*
- •1985 Honda CL250 Scooter, 9K miles, automatic, electric start, fully street legal, 60+ MPG, full windshield, Goldwing as/fm stereo with remote, great commuter, great condition, fun ride, \$1,300 /obo. Call 375-8466. (12-12) •1982 Yamaha Seca 750, about 16,600 miles shaft drive,

Runs Great! + helmet, \$950 /obo. Call 394-7526. (01-30)

Entertainment Items

- •2 Television Sets: 13" color TV, \$80 obo; and 9" color TV, \$70 obo. Both excellent condition, rarely used. Call 655-3407. (01-30)
- •Vented Floor Speakers (pair), handles 125 watts of power, offers circuit protection with a 1.65 amp circuit breaker, impedance of 4-8 ohms, frequency response of 60 hz to 20 khz, all in a black finished cabinet (approximate dimensions: 36"x12"x12"), plenty of free speaker wire, asking \$700 /obo. Call 392-1852. (01-16)
- •Guitar, electric six string (Washburn/Lyon), orange flame top, Stratocaster style, cheaper than a U.S. fender, better than a Japanese copy! Unwanted gift, \$350 or offer. (12-12) •Camera, Minolta Maxxum, 3xi Auto focus, power zoom, fully electronic SLR 35mm, pop up flash. Includes 28mm-80mm zoom lense, carrying case and cleaning kit, \$275

WANTED TO BUY:

obo. Call 657-5594 leave message. (12-12)

•Multisystem TV or VCR and adapters. Call 899-5203 after 10 a.m. or leave message. (02-13)

Computers and Accessories

- **SEGA GENESIS GAMES (including direction books!)**; (1) Fatal Rewind; (2) NBA Jam; (3) NHL '97; (4) NHL '95 (5) NFL '95; (6) Baseball '93. Price \$15 each. Call 644-9727. *(02-13)*
- •486 DX2, with fast 57 baud modem, great for practicing target foreign language on the internet, including Word Perfect 7, printer, software for Persian/Chinese/Japanese languages, and games, \$600. Call 333-3782. (02-13)
- •WebTV Unit, brand new, up to six e-mail accounts, print and wireless key-board options available, \$120 /obo. Call 583-0409 and ask for Mike. (01-30)
- •486 DX2/66, Desktop, 14" SVGA monitor, 16 Megs RAM, 425 Meg hard drive, 16 Bit sound card and speakers, accelerated sound card, 2X speed CD ROM, and keyboard, \$600. Call Jason, 392-1231. (01-30)
- •486SX Packard Bell computer with monitor and 33.3 external modem, 75 mb hard drive, 8 mb RAM, 3.5" and 5.25" drives with 8x compact disk drive installed, \$350. Call 393-2411. (01-30)
- •Sauarer Computer Desk and Printer Stand, \$30. Call 884-0432. (01-30)
- •GATEWAY 2000 83 MHZ PENTIUM with 15 inch Crystal Scan Monitor, 1.6 GB Hard Drive, 24 MB RAM, 2x CD-ROM, 33.6 modem, Altec Lansing Subwoofer speakers, Windows 95 and MS-Word, Wordperfect, Virus Protection, misc. software, \$600. Call or leave message at 392-1702 (home) or 242-7972 (work). (01-30)
- •PNY Memory Master RAM 32 SIMM, \$150 /obo. Call 899-4424. (01-30)
- •Pentium 150 Mhz/MMX, with 256 cache, 32 Mb memory, 1.6 Gb HD, Matrox Millineum video card, Soundblaster AWE32 w/ Creative Lab speakers, 8x CD-ROM, 28.8 USR ext. modem, Colorado T1000 tape backup, keyboard and microphone. Software included: MS Windows 95, MS Office 95, and various utilities. Asking \$600. For more details, call Bob at 899-3677. (01-16)
- •486 Laptop computer: AT&T Globalyst 200S Color Multimedia laptop, 24MB Ram, Sound, 540MB HD, 486DX4-75, floppy. etc. Includes Windows95, Works, Case, power supply. Practically Brand New! \$980. Call Paul, (H) 394-7082 or (W) 242-5102. (12-12)

Sports Equipment

- •BunBurner Exercise Equipment with Videos, \$125; •Bookshelf, large, white, \$40; Kitchen Table, with Benches, \$100. Call 648-8237. (02-13)
- •Stationary Walker, \$25; •Women's Mountain Bike w/child seat, \$50. Call 645-9219 and leave a message. (01-30)
- •Two 20" Huffy-type bicycles, one men's and one women's, for sale. Very good to excellent condition stored inside. \$50 each. Call 242-5525. (01-16)
- •Exercise Rider, just in time for your New Year's Resolutions! Excellent condition, \$50. Call Mike at 392-1820 (evenings only). (01-16)
- •Paintball Gun, Kingman Hammer with 200 round loader, 2 tanks, quick change, squeegie, Scott mask and goggles, \$120. Call 657-5594 leave message. (12-12)

Miscellaneous

- •Diamond Engagement Ring, .5 Carat total weight of diamonds, 14K Band, \$600. Call 648-8237. (02-13)
- •Yellow-headed Amazon parrot, have had her about 4 years now, needs more attention than I can give her. Great for someone that knows about birds and has the time to work with her, \$225 /obo includes cage, books and feed. Please call 899-9064. (02-13)
- •Aquarium, 20 gallon, glass, with stand, includes gravel, pump, AquaTech filter system, heater, lid, light, etc...Also can have 6" Baracuda fish if so desired, \$150 firm. Call 394-7063. (02-13)
- •Dog Kennel, medium size (27L, 20W, 19H), hardly used, reduced to \$25. Call 393-2517. (02-13)
- •Watch: Seiko Professional Diver's Watch, \$60. Call 242-7919. (01-30)
- •Air Force Dress Clothes: Shirts size 16, long and short sleeve, some with SRA stripes, \$5 ea; •Pants, size 33/34, \$10 ea. All practically new. Call 394-0329. (01-16)
- •FINE ART Prints: 1.) Bev Doolittle "Christmas Day...Give or Take a Week," unframed \$2,100; 2.) Robert Bateman "Bull Moose--The Challenge" unframed, \$395; 3.) Patrick Nagel Commeratives #11, 12, & 14, unframed \$200 each. Call 655-5235 to leave message. (01-16)

Travel from DLI To EAST COAST for FREE!

MAY 21-31 ONLY. Call 583-0409 or E-mail: doublebogee@webtv.net for details

LOST:

•Ladies Brooch, lost in the parking lot by the Tin Barn (Building 518) or vicinity on the Presidio of Monterey. Please call Diane at Carlson Wagonlit Travel, 648-8609. (02-13)

WANTED:

Baby items: 2 Car Seats; 2 Wooden Cribs; Stroller for twins or 2 Strollers; Changing Table. Call 392-0127 after 6 p.m. or all day weekends. *(02-13)*

WANTED:

Cradle in good condition. Call Iris, 392-0335. (01-30)

FREE Rotweiller:

FREE pure breed dog: female Rotweiller, spaded, obedience shool trained, four years old. Call Alex, 624-6930. (01-16)

Magazines WANTED:

Marie Claire Maison, Residences, Maison Francaise, Maison & Jardin or other interior design magazines in French, or any quilting magazines. Call 899-4424. (01-16)

Household Items

- •Antique Sewing Machine, electric (Singer), works, \$100. call 899-7815. (02-13)
- •Bookshelf, large, white, \$40; Kitchen Table, with Benches, \$100. Call 648-8237. (02-13)
- •Washer and Dryer set, \$150; •Dining Room Table w/ leaf and 6 chairs, \$250; •Cal king bedroom suite: includes mattress and box springs, headboard, 2 night stands, 9 drawer chest w/ mirror and 5 drawer dresser, \$500; •Little Tikes Cottage Toddler bed, \$50; •Dresser, pink and white, \$25; •Playpen and Highchair set, \$50; •Stationary Walker, \$25; •Bouncy Chair, \$10; •Baby Bath, \$5; •Full size bed, box spring and frame, \$75; •Assorted Girls Clothes (infant to 3), 4 boxes, \$50; •Women's Mountain Bike w/child seat, \$50; •Plastic Patio table and 4 chairs, \$25; •Desk w/ filing Cabinet, \$50; •Rocking Chair, \$30; •Unfinished Ceramics and Supplies for sale/Childrens Art Supplies for sale: •Microwave, \$40: •Metal Shelves, \$25; •Panasonic Typewriter, \$25. Call 645-9219 and leave a message. (01-30)
- •Sauarer Computer Desk and Printer Stand, \$30; •Oak Oval Coffee Table, \$75. Call 884-0432. (01-30) Call 884-0432. (01-30)

(Household Items, continued on Page 20)

POM=MART

Acceptable Classified Ads: Lost and Found, Wanted or For Sale items such as bicycles, books, cameras, cars, clothes, computers/ software, cribs, furniture, rugs, stereos, televisions, tools, trailers, trucks, etc. (this publication does not advertise weapons for sale/trade). Onetime sale only, not for a profit sharing venture of multiple items (classified Ads such as rentals, help for hire, or tutoring for dollars are unauthorized). You are welcome to advertise more than one ad in the same publication. Ads will be published three (3) times in three consecutive issues (or longer if space permits) after which you must call or send in a renewal request. If you have any questions, please feel free to call the Public Affairs Office at (408) 242-5104 and ask for the editor.

When your ad(s) have sold, or if you're departing DLI/POM, please let us know. Call 242-5104.

Household Items

- •Queen and double blue metal bunkbed, only used six months, \$350 /obo. Call 649-8572. (01-30)
- •Chest Freezer, 12.5 cu ft, good condition, \$150. Call 393-1202. (01-16)
- •Arbor Trellis, new, black/verdigris cast aluminum, beautiful Victorian design, walk through with rounded top, 48"x17.5"x86", \$175. Call 899-4424. (01-16)
- •Antique German Radios (4): Schaub, Grundig, Nordmende, Carara, 110/220 volt, priced at \$175-\$400. Call Marina at 899-7994. (01-16)
- •Antique German Wall Clock (1890s), \$900. Call Marina at 899-7994. (01-16)
- •Broyhill Oak Bedroom Suite: large dresser with mirror, stand up dresser and queen size bed with head and foot board, \$1,990. Call Marina at 899-7994. (01-16)
- •Electric Typewriter, with case, \$70. Call Marina at 899-7994. (01-16)
- •Queen size box spring and mattress set, \$100. Call 648-0201. (12-12)
- •Washer, \$100; •Table & Four Chairs \$75; •Tandy Computer, \$150. Call 392-1648. (12-12)
- •Unique round bamboo coffee table handmade. "Have to see to believe," \$100. Call 648-0201. (12-12)
- **Bunkbeds**, solid wood, complete set, need to sell fast, \$200. Call 883-1374. (12-12)

- •Childcraft crib, white, \$50; •Couch multi-colored, rose, green, cream \$200; Computer desk, \$20; •Patio Furniture \$75, •Iron and Wood Bench \$20, •Little Tykes Activity Gym (Irg) \$45, •Little Tykes Activity Gym (sm) \$25. Call 583-0619. (02-13)
- •Queen Size Waterbed: Redwood finish, 4 drawers under carriage, sheets, mattress pad & heater included, \$250 /obo. Call 394-7910. (02-13)
- •Coffee Table, Sturdy, wooden with gold, \$50. call 899-7815. (02-13)
- •1997 Encyclopedia Brittanica Set: Plus several additional volumes (Harvard Classics, Legal Guide, 2 vol. Dictionary, Cookbook, etc.). Brand new, still in boxes, paid \$1,640, asking \$750 /obo. Leave message with quarter deck at 242-5142 for D. Ure. (02-13)
- •Filing Cabinet, brown, 2-drawer letter size, \$40. Call 899-4424. (01-30)
- •Heater; •Rocking Chair; •Sofa Bed; •13" Color Tv, •Health Rider, new, still in box). Call 394-7371. (01-30)
- •Piano, Upright (Samek Spinet), with bench, black lacquer finish minor abrasions, must sell, \$1,000 /obo. Call 394-7526. (01-30)
- •White Crib/Youth Bed, \$65; Changing Table, matching white, \$55; Toddler Boy's Red Race Car Bed, \$80; •Navy/White Stipe Stroller, \$40; •Other Miscellaneous Baby Items. Please call from 10 a.m. to 8 p.m., 384-0655 (Cindy or Jose). (01-30)

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To place an ad in the Community News, you must be assigned to DLIFLC & POM or residing on POM/POM Annex.
If presenting ad in person: Show your military or DoD civilian ID card to: any PAO staff member, Building 614, Room 142 (242-5104)
If sending ad via e-mail: Military and DoD Civilians: Provide your office telephone extension & directorate.
(DoD CIVILIANS: Include your DoD I.D. number in MS Mail message ad.)

Name Rank/Level Unit/Civilian Agency Phone

Item(s) For Sale or Lost & Found:	
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